

INTRODUCTION

Modicare Foundation (MCF) was set up in 1996. The Foundation has a long history of reaching out to the most vulnerable communities. We directly empower children, adolescents, women and the underprivileged using a comprehensive approach of education, health, nutrition, life skills and leadership building. A multi-disciplinary, highly skilled and trained team ensures effective implementation of our vision. We work in partnership with government, NGOs and industry.

Vision

Modicare Foundation strongly believes that every individual has the potential to transform their lives to grow and develop as active and responsible citizens.

Mission

Empowerment of the vulnerable population especially women, adolescents, youth, and children to be the change agents for themselves and their community. Foundation provides support to develop their skills and knowledge while facilitating access to opportunities for education, livelihood and health services.

Projects

Modicare Foundation is currently running the following five projects:

1) Ambassadors of Change (AOC) - life skills training is provided to adolescents and primary children.

2) Khwabgah - Modicare Foundation has entered into a partnership with South Delhi Municipal Corporation (SDMC) for an intensive and extensive engagement in several SDMC primary schools.

i) Khwabgah Jasola – The Foundation has adopted two SDMC schools in Jasola, SDMC Pratibha Vidyalaya Jasola Girls and SDMC Pratibha Vidyalaya Jasola Boys and is working towards the overall development of the students.

ii) Khwabgah Noor Nagar - Modicare Foundation has adopted two more schools in Noor Nagar - SDMC Primary School Noor Nagar Girls and SDMC Primary School Noor Nagar Boys for the overall development of the students.

3) Partners in Change - training and awareness building is provided to organizations on critical social issues.

4) Hifazat – a comprehensive community healthcare initiative that is working with the students of Khwabgah and the larger community

5) Roopantar – infrastructure improvement project for government schools

GREAT PLACE TO WORK



Modicare Foundation Creates History by Achieving 100% Scores in Great Place to Work Survey

A great workplace is one where employees trust the people they work for, take pride in what they do and enjoy the company of the people they work with. Such organizations are characterised by great leadership, consistent employee experience and sustainable financial practices.

Modicare Foundation has joined the league of great places to work in the category of Non-profits and Charity Organizations. The Foundation has also created history by becoming the first organization to achieve 100% scores in the Trust Index, which measures dimensions like credibility, respect, fairness, pride and camaraderie.

**Modicare Foundation would like to express gratitude
to its Donors and Supporters**



COLORBAR



**H M A UDYOG PRIVATE
LIMITED**



**Members of the
Samirness Family**

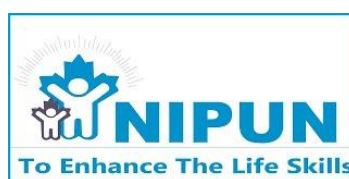
Modicare Foundation would like to express gratitude to its Partners



Government of Delhi



Bussan Auto Finance





Don Bosco
Jago Shiksha Sewa Samiti
Samarpan
Tara Tots



OVERVIEW

Modicare Foundation is pleased to present the work done in 2021-22. Despite the repeated lockdowns and uncertainties surrounding the school reopening, the Foundation is proud of the work done during the pandemic.

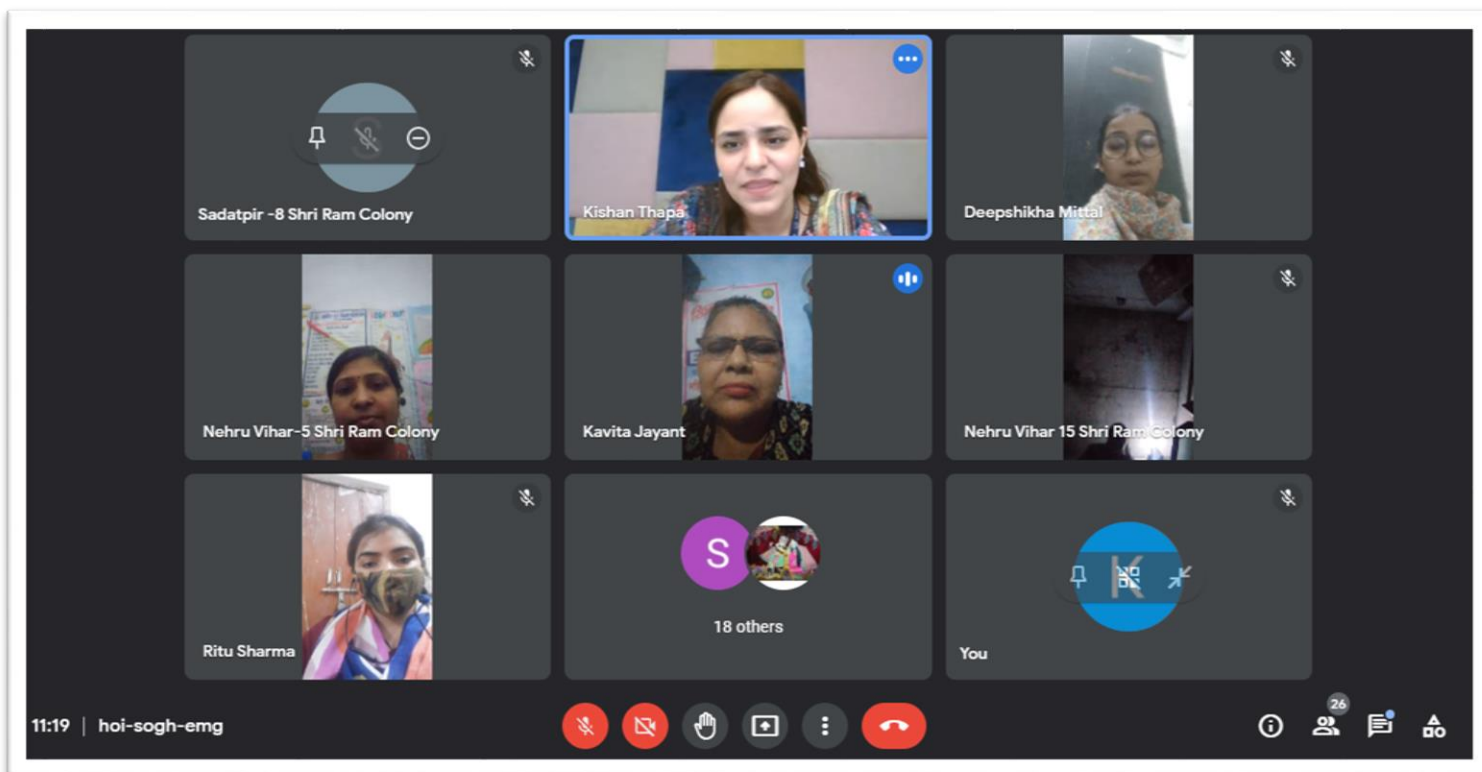
Modicare Foundation had adopted two schools in Jasola under the **Khwabgah** project – SDMC Pratibha Vidyalaya Girls and SDMC Pratibha Vidyalaya Boys in 2016. Due to the interventions made by the Foundation, the learning levels and enrolment numbers of the schools had improved considerably. During the lockdowns and school closures, the Foundation took to online teaching, distribution of workbooks, developing and disseminating educational videos to help continue the children's education. Due to the transformational work done by the Foundation, SDMC wanted the Foundation to adopt more schools to replicate the success of the schools in Jasola. Therefore, at the behest of SDMC, two more schools were adopted – SDMC Primary School Noor Nagar Boys and SDMC Primary School Noor Nagar Girls. The school's infrastructure is being overhauled, apart from which the Foundation will be providing state of the art furniture and academic facilitators for the overall development of the students.

The paucity of classrooms in the two schools in Jasola because of the high enrolment numbers provided an opportunity for Modicare Foundation to launch a new project called – **Roopantar**. Under this project, the Foundation will provide infrastructure improvements for government schools. The KK Modi Khwabgah Block with eight classrooms is being built in SDMC Jasola. It will address the problem of scarcity of classrooms and commemorate 25 years of public service of Modicare Foundation. The school block will be donated to SDMC and will be an environment friendly, sustainable and learning friendly building, which will benefit the students of SDMC Jasola and the community. Apart from the new school block, the Foundation will also be building a new toilet block and playground for the students of Jasola.

The coronavirus pandemic has brought healthcare to the forefront. To address the issues surrounding the lack of primary and preventive health services, Modicare Foundation launched a comprehensive health and hygiene initiative called **Hifazat**, which will focus on preventive healthcare and promotion of health and hygiene seeking behaviour. Under this project, an online webinar on dental hygiene was organised with a dentist. A health mela was organised for the students of the two Jasola schools and their mothers as the health of women and children are most often neglected in Indian households.

The Ambassadors of Change (AOC) project continued to reinvent itself and developed a full online life skills training module and videos, which was disseminated through the new YouTube channel. This helped the Foundation reach a larger audience even though the mobility was restricted. The AOC team conducted both online and offline trainings and utilized the resources to the maximum to effectively run this hybrid model. Last year the AOC team collaborated with the Government of Delhi to train Anganwadi workers. Trainings were also provided to organisations and corporates on POSH and other social issues.

PROJECT - AMBASSADORS OF CHANGE (AOC)



AIMS

- ❖ To enable adolescents to understand and accept their physical, emotional and mental changes associated with this phase of life.
- ❖ To enable primary school children to lead a safe, healthy and hygienic childhood.
- ❖ To equip adolescents with the skills that enables them to make informed choices for responsible behaviour.
- ❖ To create awareness on social issues in the community through partnerships with institutions.
- ❖ To build capacities of institutions to help them integrate life skills in their day-to-day activities with young adults and children.
- ❖ To ensure sustainable impact of the program.

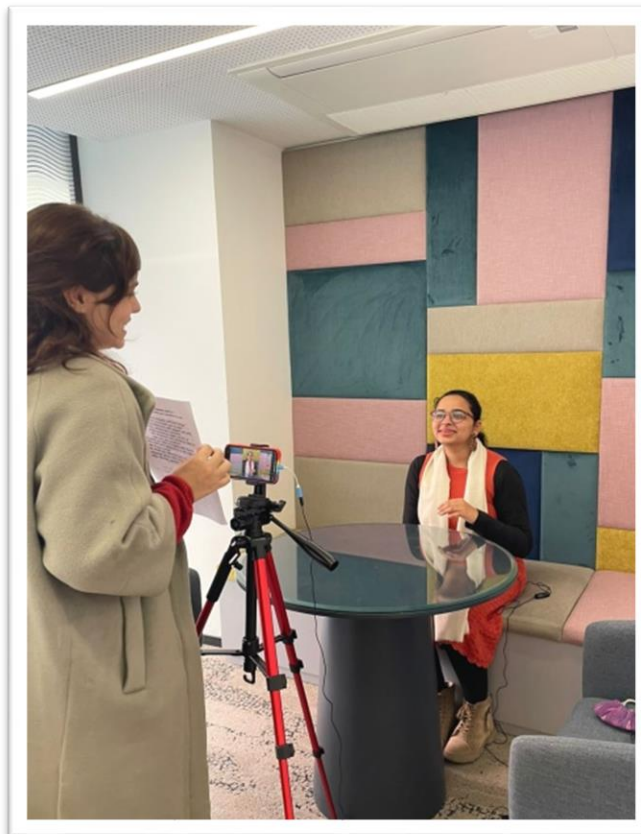
1) ACTIVITIES AND ACHIEVEMENTS IN 2021-22

a) Content Development and Information Education Communication (IEC) Material Development

- ⇒ A comprehensive, unique and user-friendly FAQs booklet has been developed which is going to be disseminated to trained and other adolescents through digital media.
- ⇒ Development of leaflets on Covid awareness in Hindi and English language and dissemination to NGO representatives and adolescents through digital media platforms. These leaflets provided accurate information related to identification, prevention and precautions needed to safeguard oneself from the ongoing pandemic.



- ⇒ Updating the primary module in Hindi and English. This involved reviewing and editing the module and adding a session on puberty as the onset of periods are starting early.



- ⇒ **Creation of 45 training videos for** online dissemination. The life skills training videos include an introduction, life skills, growing up, peer pressure and bullying, responsible behaviour, substance abuse, HIV/AIDS and child sexual abuse.
- ⇒ **Thirty-one life skills training videos in English** were scripted and developed for dissemination via the Foundation's YouTube channel.

b) Training

- Collaboration with organizations to conduct Life Skills training with primary school going children and adolescents.
- Online and physical Life Skills training were conducted with primary children and adolescents in partnership with **25 organizations. 2184 adolescents and 630 primary school going children** were trained this year.
- Under the Ambassadors of Change project, **85 online and physical trainings** were successfully conducted

- ❑ First online Training of Trainers (TOT) conducted successfully with **907 Anganwadi workers and supervisors** of ICDS in collaboration with the Department of Women and Child Development, Government of Delhi.



Training with Adolescents



Training with Primary School Going Children

- ❑ Dissemination of the primary videos uploaded on YouTube to more than 90 organizations working with children.
- ❑ An orientation session was conducted with the parents of trained primary school going children in Subhash Nagar slums.

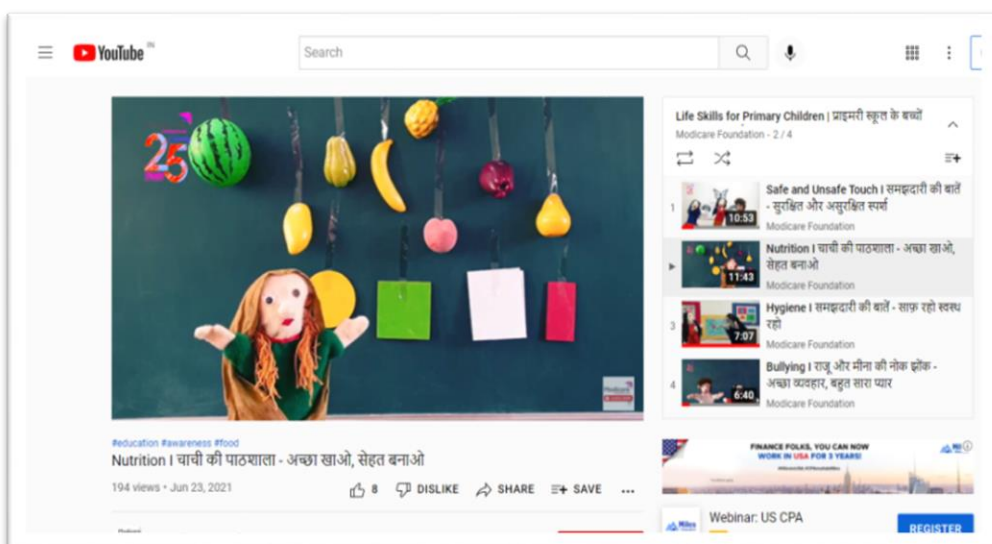


Orientation Session with Parents

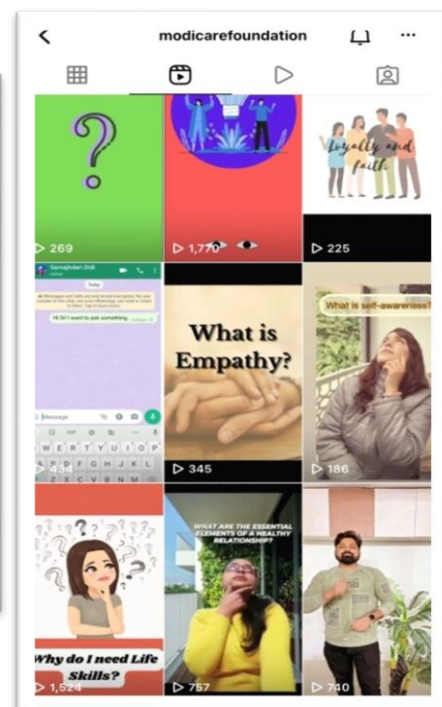
- ❑ Conducted the first session on Internet Addiction with adolescents and received tremendous feedback from the participants.

c) Coverage through Digital Media

- **Launch of Modicare Foundation's YouTube channel** to increase the reach of the Life Skills trainings. Since the reach to children and adolescents was curtailed by the pandemic, the Foundation launched its YouTube channel to widen the coverage and reach the unreached. Till now the YouTube channel has garnered **1282 subscribers, viewership of 35,500 and 3,45,500 impressions.**
- Various tools of social media were also explored to maximize coverage, like creation of reels (short videos) on Instagram with crisp and relevant content to increase the audience traffic on our YouTube channel. **Ten Instagram reels were created** for the promotion of the YouTube channel. The Instagram page has **934 followers and total views on the posted reels are 6,598.**



Foundation's YouTube Channel with Puppet Videos



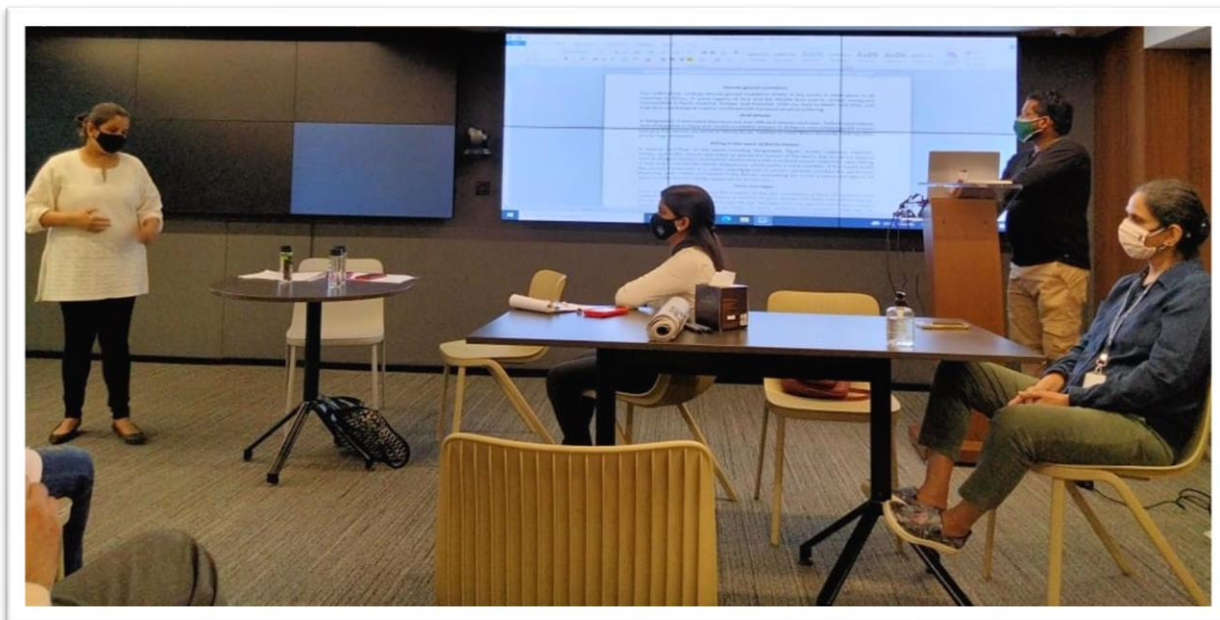
Reels on Instagram

d) Reporting and Documentation

- Conducting weekly meetings to review the progress of the work done. Daily morning and evening meetings were held during the lockdowns to monitor the tasks and assignments.
- Monthly and quarterly reports as well as training reports were prepared regularly and submitted to the coordinators and organizations respectively.

e) Capacity Building

- AOC team members' capacity was enhanced with respect to online training content and uniformity in delivering key messages in a crisp manner through mock sessions.
- Various new tools were learnt to promote the Foundation's online presence like making Instagram reels and videos.
- Two trainings were conducted for the team - laws related to women and POSH.



Legal Training Workshop

2) CHALLENGES FACED BY AOC

a) Planning and Implementation

- In financial year 2021-22, India witnessed two lockdowns because of the coronavirus pandemic, which hampered the implementation of the plan considerably. The same affected all the partner organizations as well, which further made it difficult to complete the planned activities.
- Schools continued to remain closed for primary school going children and although towards the end of the year, they gradually opened, life skills training was not a priority for the school authorities, as they had to concentrate on the curriculum.
- High levels of pollution was another major hindrance to planning and many scheduled trainings had to be cancelled as the organizations could not call children to their centres.

b) Training

- Several scheduled online and physical trainings were cancelled because of the recurring Covid waves, pollution and subsequent closure of schools and organizations.
- The organizations also faced challenges with respect to technology and resources like internet connectivity and well ventilated spaces for conducting the training.

3) FEEDBACK

To,

The DD (ICDS)
The DD SSK
ISBT Building
Kashmiri Gate
Delhi - 110006

Sub: Feedback of online training of workers and
beneficiaries and supervisor also of ICDS Karawal
Nagar Project.

Respected madam,

with reference to on-line training organised
by modicare foundation every Tuesday between 11 am
to 2 pm - This have been an absolutely amazing
& enlightening training. Totally enjoyed and learned
a lot in a comfortable environment for workers
and beneficiary also. The content is very
useful and the style of knowledge by the
presentation is so innovative.

You are requested to continue such trainings.

DDPO
ICDS Karawal Nagar
Deptt. of WCT
Govt. of NCT of Delhi
Old Seelapuri, Delhi - 110005
Asha Sharma

Date: 01 September 2021

Letter of Acknowledgement

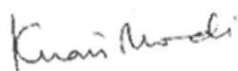
Thanks for Making a Difference!

It gives us immense pleasure to acknowledge **Modicare Foundation** for their endeavour towards supporting **Udayan Care's** vision "**Making Young Lives Shine.**"

Udayan Care provides residential care to out of home care (OHC) children. Till date, we have nurtured more than **1500 children** and currently we are looking after **around 200 children** in our **17 Udayan Ghars** and **more than 45 aftercare young adults** in our **2 aftercare facilities** and other scattered site housing.

We are grateful to **Modicare Foundation** for conducting a series of 7-day online life skills sessions from 10th August 2021 to 16th August 2021 with 20 adolescent boys living in four of the Udayan Ghars on "**Growing up, bullying, peer pressure and child sexual abuse**". The insights shared and the lessons learnt during the sessions have greatly benefitted the children.

It was indeed a wonderful experience to have your organization on board with us and we hope that **Modicare Foundation** continues to be associated with us.



Dr. Kiran Modi
Founder and Managing Trustee,
Udayan Care





CENTER FOR SOCIAL SECURITY ACTION & RESEARCH (CSSAR)

Regd. under the Societies Registration Act, 1860. No. 61483/2008

429, 3rd floor, Rajendra Arikant Tower, B-1, Community Centre, Janakpuri, New Delhi -58

Tel: 011-25512685, 9968246139 E-mail: cssar@yahoo.in Website: www.cssar.org

LETTER OF APPRECIATION

Center for Social Security Action & Research (CSSAR) would like to thank Modicare Foundation for organising such an insightful and effective training program for primary and secondary children of CSSAR from 22.11.2021 to 26.11.2021.

With your sincere support, this program would bring positive changes in the lives of our underprivileged children. We greatly value your diligence & contribution.

We would also like to thank your wonderful resource persons for their impactful sessions with the children and adolescent girls. Your willingness and dedication of your time and resources are greatly appreciated.

We look forward to a long-time partnership with Modicare Foundation.

Best wishes!!!

Manali De

Manali De

Program Manager

CSSAR

Date: 07.12.2021



PROJECT – KHWABGAH Jasola



Our Belief

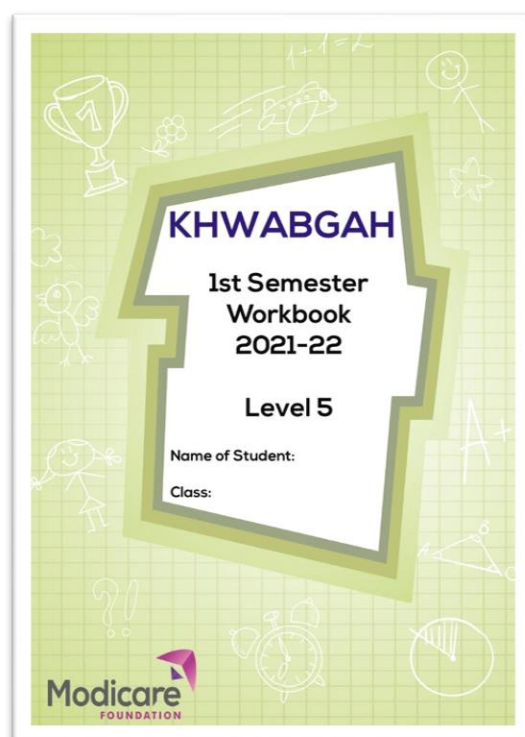
Modicare Foundation believes that every child should receive a high-quality education.

Our Objective

- ❖ We work with MCD schools in promoting quality education as well as develop and upgrade the school infrastructure to create friendly and safe spaces for children to provide conducive environment for learning
- ❖ To improve the learning level of children in SDMC Pratibha Vidyalaya Jasola Girls and SDMC Pratibha Vidyalaya Boys
- ❖ To increase connection and participation of the students
- ❖ To enhance children's mental, physical, creative, and social skills
- ❖ Increased involvement of the parents in the development of the children
- ❖ To increase the outreach of our learning resources to a larger group of children
- ❖ Upgradation of infrastructure and resources

1. ACTIVITIES AND ACHIEVEMENTS IN 2021-22

- ⇒ **Dissemination of 668 MCF learning videos** including art and craft, health videos and exercise videos through the Khwabgah YouTube channel. The channel has **74,584 views and over 550 subscribers**
- ⇒ **Preparation of 940 creative worksheets of Hindi, Math, English and Art**
- ⇒ Prepared and shared 500 student's progress cards
- ⇒ **Distribution of 900 workbooks and art books with 450 stationery kits** to support the children in their learning process



- ⇒ Promotion of students to the next academic year and creation of new WhatsApp groups to include the newly registered students
- ⇒ **Checking of 47,400 worksheets of March workbooks** submitted by the students
- ⇒ **Renewal of contract with SDMC from 2021 to 2026** for the overall development of the students
- ⇒ **5377 queries were resolved** through phone calls and messages
- ⇒ **1550 positive feedback** were received from parents and students about our efforts and learning resources

- ⇒ Organised first online quiz “Kaun Payega Inam” for Class 5 students to increase viewership of our educational content. Prizes were distributed to 11 students.
- ⇒ Organised Virtual “Hindi Diwas” bi-weekly competition from Class 2 – 5. There were several sub-categories in the competition and 59 children won prizes.
- ⇒ Development of G.K MCQ booklet (Part-2)
- ⇒ Sharing of all the IEC materials and videos in the MCF learning groups to raise awareness about Covid protocols
- ⇒ Guidance and counselling of parents during the April and January lockdowns and maintaining contact with them through calls and messages
- ⇒ Provided need based resources like ration to the families who were struggling with Covid-19



- Khwabgah teachers connected with **1345 students** with smart and non-smart phones
- Regular school team meetings and conference calls to share good practices, planning, challenges, feedbacks on the worksheets and the learning videos
- Dissemination of Monthly Newsletter and MCF Official YouTube channel “Khwabgah” link in all the learning groups
- **222** online classes were conducted during the school closures to improve the foundational Hindi, Math and English of the students

- Workbook analysis was done for classes 2-5 to understand the student's learning levels
- Support for SDMC's Vaccination Drive in various SDMC schools by providing sanitisers, drinking water and safety gear for the medical staff



- Level-wise assessments were taken from class 2 to 5 to check the learning level of the students so that the sections could be segregated based on learning levels
- Offline classes of the students were taken after re-opening of the schools
- Distribution of **1365** masks to the students for protection against Covid.
- Prize distribution to the best entries received through Art and Hindi writing competition
- Distribution of **40** smart phones to the students who do not have access to smart devices
- Regular communication with the School Principals, Incharge, school SI and other officers to get timely updates

- Distribution of 364 educational kits with learning material and stationery to underprivileged children



- Creation of 10 new groups for online classes from Class 2 - 5
- Modicare Foundation's work with the government was highlighted in an article in Dainik Jagran. The article highlights a successful NGO-Government partnership in the field of education and how a sustained engagement can bring about a difference in the lives of the students and the larger community.

पहल एसडीएमसी और मोडिकेयर फाउंडेशन के शिक्षकों ने पढ़ाई को बनाया रुचिकर, खेल त कम्प्यूटर शिक्षा को भी व्यवस्था, कोरोना काल में बच्चों को आनताइन भी पढ़ाया

दृढ़ संकल्प और परस्पर सहयोग से संवार दी स्कूल की तस्वीर

अरवि कुमार दिवेदी, दक्षिणी दिल्ली

ग्राम भावना से मिलकर काम किया जाए तो सब कुछ संभव है। लक्ष्य हासिल करने के लिए किंग माप निरंतर श्वास से बढ़ी से बढ़ी मुश्किलें भी सार हो जाती हैं। पांच साल के अंदर जसाला स्थित दक्षिणी दिल्ली नगर निगम प्रतिभा विद्यालय को तस्वीर बदलकर मोदी केयर फाउंडेशन ने यह साबित कर दिखाया है।

फाउंडेशन ने निगम के शिक्षकों के साथ मिलकर न सिर्फ बच्चों की रुचि के अनुसार सिलेबस तैयार किया, बल्कि उसे लागू भी किया। सॉर्टेशन के शिक्षकों ने बच्चों को नवोन्मेषी तरीके से पढ़ाना शुरू किया तो बच्चों ने पढ़ाई में रुचि बढ़ा दी। इस कारण अब इस स्कूल के बच्चे हाइवेट स्कूल जैसा अनुभव कर रहे हैं। लाक डाउन के दौरान फाउंडेशन के शिक्षकों ने बच्चों को आनलाइन पढ़ाया, ताकि उनको पढ़ाई न रुके।

स्वामीय पार्श्वद नीतू मनोष चौधरी ने बताया कि निगम व फाउंडेशन के शिक्षकों के प्रयास से कई साल से यह स्कूल (बालिका) पूरे एसडीएमसी में टाप पर व बालक टाप धीरे में रहता है। फाउंडेशन के आने से स्कूल में कामों नई चीजें हुई हैं। शिक्षकों की संख्या बढ़ने से वे बच्चों को पर्याप्त समय दे पाते हैं।

मोदी केयर फाउंडेशन की डायरेक्टर ललितका दीक्षित ने बताया कि उद्यमों समीर मोदी ने शिक्षा के क्षेत्र में विकास व नवोन्मेष के लिए 1996 में फाउंडेशन शुरू किया था। फाउंडेशन विशेष रूप से स्वास्थ्य व शिक्षा के क्षेत्र में काम कर रहा है। वर्ष- 2013 में फाउंडेशन ने कूड़ा बॉनने वाले उन बच्चों को पढ़ाने के लिए ख्याबगाह प्रोजेक्ट शुरू किया था, जो स्कूल नहीं जाते थे। फिर इन बच्चों को निगम के स्कूलों के में दाखिला भी करवाया। ललितका ने बताया कि वर्ष-2016 में निगम ने

जसाला स्थित निगम प्रतिभा विद्यालय में मोडिकेयर फाउंडेशन की ओर से लगाई गई काइबर की फुली व टेबल ७ जगह

फाउंडेशन को यह स्कूल दिया था। फाउंडेशन ने पूरे स्कूल के फर्नीचर बदलवाए। अब यहाँ बच्चों की रुचि व सुविधा के अनुसार फाइबर की रंग-बिरंगी कुर्सी-टेबल हैं। ब्लैक बोर्ड की जगह ग्रीन बोर्ड और क्लास रूम में टाइलें लगावाई गईं। कमरों को बच्चों की पर्सों के अनुसार सजाया गया। दिव्यांग बच्चों के लिए रैप बनवाने के

साथ ही स्कूल के मैदान को संवार गया है। वाटर प्यूरोफायर लगवाए गए हैं। स्कूल में नियमित रूप से स्वास्थ्य जांच शिविर भी लगाए जाते हैं। खेल व कंप्यूटर शिक्षा के लिए भी शिक्षक हैं। अब बढ़ी संख्या में अभिभावक यहाँ अपने बच्चों का एडमिशन करवा रहे हैं। ललितका ने बताया कि जल्द ही फाउंडेशन की ओर से स्कूल परिसर

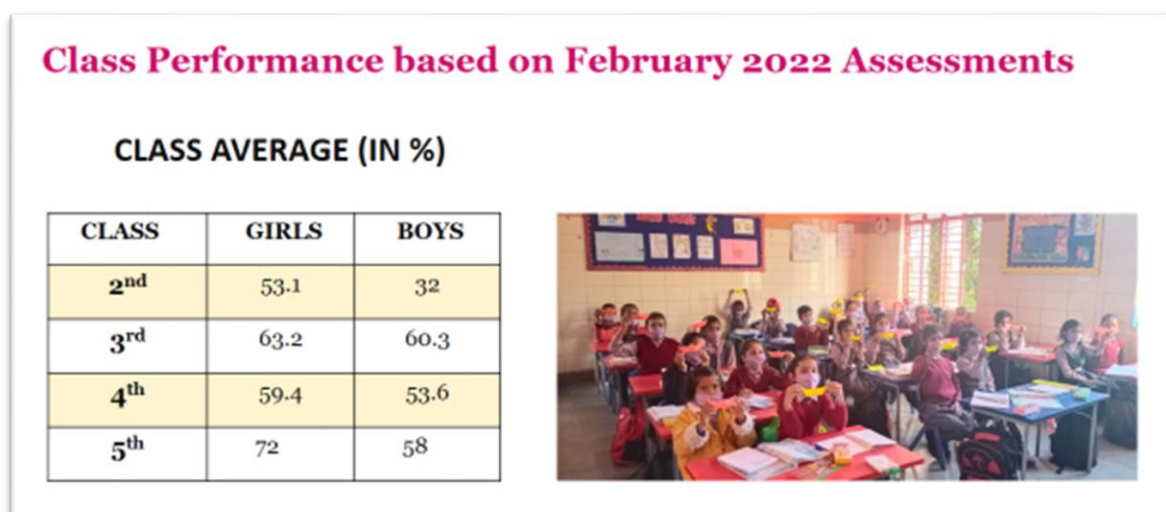
ऐसे रुचिकर बनाई पढ़ाई

- आत्मविश्वास और आई कांटेक्ट बढ़ाने के लिए बच्चों को कठपुतली व खिलौनों के माध्यम से सहाय सिखाना
- समाज व आसपास की चीजों को पहचानना सिखाना
- घर व स्कूल के बारे में बताना, शिक्षकों को प्रणाम करना सिखाना
- नैतिक मूल्य, किताबें, सीट, बोर्ड आदि के बारे में प्रारंभिक शिक्षा देना। बड़े चित्रों वाली किताबों से पढ़ाना
- नाटक की ओर से सफाई, नहाना, नाचुन काटना, ब्रश करना, हाथ धोने के छह तरीके सिखाना, रंगों, फूलों और पेड़ों की पहचान बताना
- गीत व नृत्य के माध्यम से गिनती व पहाड़ याद करना
- नाटक के जरिये गुड और बड टप सिखाना
- हाथी, कुत्ते-बिल्ली, चूहा, घोड़ा आदि का मास्क बनाकर उसे बच्चों को पहनाकर इन जीवों की पहचान करवाना।
- दिशा ज्ञान के माध्यम से सड़क पार करना आदि सिखाना।
- गीत के माध्यम से समय, दिन, माह, वर्ष, कैलेंडर का ज्ञान करना।

में एक बिल्डिंग भी बनवाई जाएगी। एसडीएमसी सेंट्रल जॉन के स्कूल ईस्पेक्टर शीशपाल मीणा ने बताया कि स्कूल व फाउंडेशन के शिक्षकों के तालमेल से बच्चों को कार्य फायदा मिल रहा है। अभी इस स्कूल की दोनों पाली में करीब तीन हजा बच्चे हैं।

Class Performance based on February 2022 Assessment

After re-opening of the school in February, assessments were prepared for all the three main subjects – Hindi, Maths and English - for students of Class 2-5 to determine the learning level of the students. It would help in segregation of the students based on their learning level and planning remedial classes for the students.



Class averages are low due to the closure of the schools for two years due to the pandemic. Our students are underprivileged learners with limited access to smart devices and having internet connectivity issues. Most of the parents are unable to recharge their phones on time for online learning.

2. CAPACITY BUILDING

- Workshop on recording and editing of learning videos in new format was conducted by an experienced TV journalist
- Legal awareness workshop and training by legal expert
- 8 Life Skill training sessions to polish life skills
- Weekly review of raw and edited videos to enhance educational content, recording and editing skills
- 1-month refresher teacher training was conducted to enhance teaching skills

- ❑ Daily school team meeting to discuss planning of the day
- ❑ Review of the checked workbooks
- ❑ Training session on Google Meet before the commencement of online classes for students so that the teachers could familiarize themselves with the features
- ❑ Training session on Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013
- ❑ Grade level meetings twice a week
- ❑ 5 Internal training sessions were conducted to enhance teaching skills



3. CHALLENGES FACED BY KHWABGAH

- To fill the learning gap of the students due to frequent opening and closing of the schools for uncertain period
- Migration of the students to their hometowns and other places due to closure of the school
- Collaboration with the school teachers to take online classes during opening of the schools
- Increasing viewership for official YouTube channel
- Convincing the parents to share their mobiles with their children to watch MCF learning videos

PROJECT – KHWABGAH Noor Nagar



Project Objective

To provide quality education and a safe environment for overall development of underprivileged children

Specific Objective

- ❖ To improve the infrastructure of the two schools
- ❖ To improve the learning levels of children from Nursery to 5th grade in SDMC Primary School Noor Nagar Boys and SDMC Primary School Noor Nagar Girls
- ❖ To nurture children's mental, physical, creative and social skills
- ❖ To build capacities of teachers and facilitators
- ❖ To improve involvement of parents in the development of the children

At the behest of SDMC, Modicare Foundation has adopted two more schools in Noor Nagar - SDMC Primary School Noor Nagar Girls and SDMC Primary School Noor Nagar Boys for the overall development of the students. The Foundation is going to provide the following:

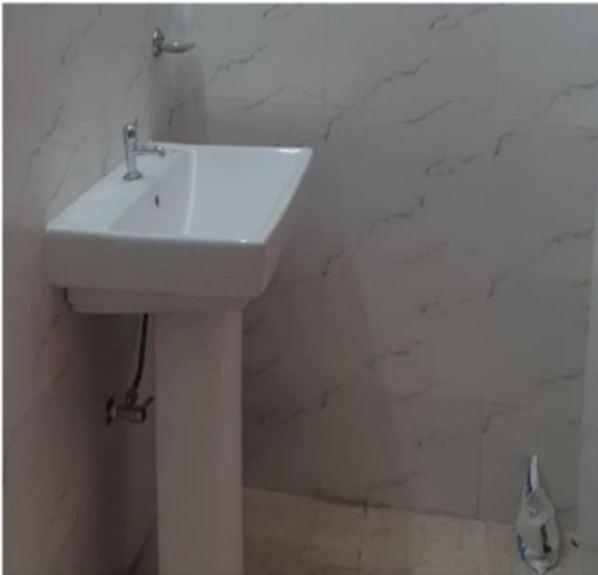
- Subject-wise teachers for the Hindi medium sections of classes 3, 4 and 5.
- Baseline learning level survey to determine the learning levels of the students
- Improvement in enrolment and learning levels of the children
- Provision of learning materials to the students
- Life skills training will be conducted for all the children enrolled in the school. It includes sessions on safe and unsafe touch, bullying, hygiene, nutrition, sanitation and soft skills.
- Co-curricular activities - Art, Music and Others
- Infrastructure Upgradation



Before



After



PROJECT - PARTNERS IN CHANGE



Partners in Change is an initiative of the Foundation towards learning and collaboration. Under this program, training and awareness building is provided to organizations on critical social issues. The Foundation provides technical support to corporate/industries, institutions, and NGOs to develop a comprehensive program on HIV/AIDS, Reproductive Health, Gender and Prevention of Sexual Harassment at Workplaces (POSH) within their workplace.

Modicare Foundation has been an authorized POSH training partner for the Ministry of Women and Child Development. The Foundation is a special invitee for the Internal Committee (in house grievance redressal committees) meetings of many corporates and establishments.

CORE AREAS OF WORK

1. HIV/AIDS
2. Life Skills
3. Safe migration

WHAT WE DO

- Raise awareness
- Build capacity through trainings
- Empower people

<p>4. Gender</p> <p>5. Prevention of Sexual Harassment at Workplace (POSH)</p> <p>6. Reproductive and Child health care</p> <p>7. Community Development</p>	<ul style="list-style-type: none"> ▪ Implement projects ▪ Conduct research
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ACTIVITIES UNDERTAKEN IN 2021-22

- **8 Internal Committee meetings and 22 POSH trainings** were conducted with Bussan Auto Finance, Global Dent Aids, Adecco India, Modicare, Modicare Foundation, National Herald, Department of Women and Child Development, Government of Delhi (ICDS)
- Two workshops on HIV/AIDS was conducted with Global Dent Aids Pvt. Ltd.
- Training was conducted with **1435** employees and staff members of corporates and companies. The training topics include POSH, HIV/AIDS, POCSO Act, Substance Abuse and Gender Sensitization. This included 907 Anganwadi workers and supervisors.



PROJECT - HIFAZAT



Hifazat is a comprehensive health program initiated in 2020. The primary objective of Hifazat is to bring about improvement in the health of women and children. It provides health services to the underprivileged community. Along with this, it also focusses on spreading awareness on issues of health and hygiene and encourages the community to adopt and follow appropriate behaviour for better health.

OBJECTIVES

- To bring improvement in the health of women and children and to provide health services to the underprivileged community.
- To generate awareness on healthcare within the community.
- To encourage the community to adopt and follow health-appropriate behaviour

ACTIVITIES UNDER HIFAZAT

- Need assessment done with 200 community women and men via four focus group discussions.

- Awareness videos developed and uploaded on our YouTube channel on Covid, eye care, oral/ dental hygiene, and reproductive and menstrual health. The total viewership is over 2000.
- Attractive health card and user friendly IEC Materials developed.
- Conducted a webinar on Omicron, a variant of Covid, and oral hygiene with 300 parents.
- Conducted the first health mela which benefitted over 250 women and children. The height and weight of the students was measured to map the growth levels of the children. A thorough eye and dental check up was also done for the children. A gynaecologist was also present to check the mothers.
- Health kit was distributed to 106 families. It includes a digital thermometer, essential medicines, masks etc.



PROJECT - ROOPANTAR



OBJECTIVES

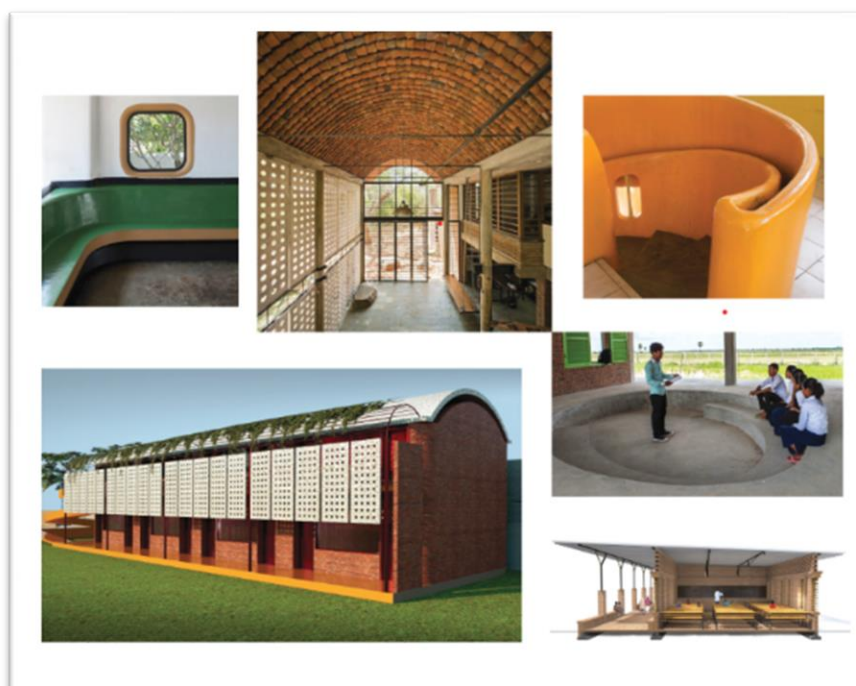
- To improve the infrastructure of the government schools.
- To provide safe and child friendly infrastructure for the holistic development of children.
- To provide conducive learning environment in the schools.

Construction of KK Modi Khwabgah Block at SDMC Jasola

- Due to the interventions provided by Modicare Foundation in SDMC Pratibha Vidyalaya Jasola Girls School and SDMC Pratibha Vidyalaya Boys School, the enrolment has increased remarkably, because of which the students cannot be accommodated in the existing classrooms. To address this problem and commemorate 25 years of public service, the Foundation is donating an environment friendly, sustainable and learning friendly building to the students of Jasola and the community using structural steel (reduces the environmental footprint), terrazzo tiles (durable and long lasting), double walls (to reduce the

dependence on electricity for cooling) and a vault roof (for protection from heat and cold). This is a first for NGO-Government relationship.

- The Foundation Stone for a new school block - 'KK Modi Khwabgah Block' at SDMC Jasola was laid by Mr Samir Modi, Vice Chairperson Modicare Foundation; Mr Pardeep Kumar, Director Education SDMC and Ms Neetu Manish Chaudhary, Chairperson Health Committee SDMC on March 7, 2022.



Representational Images of the Proposed School Block

WAY FORWARD



The way forward stems from the planning workshop, which was conducted in April 2022 by Modicare Foundation. The plans were formulated by the teams themselves in a democratic and participatory manner. The Covid-19 pandemic and the disruptions caused by it were taken into account while formulating the plans.

AMBASSADORS OF CHANGE

- Establish linkages with Institutions and organizations for Training of Trainers, Life Skills training and social issues in Delhi and other states
- Refresher trainings with the trained Anganwadi workers and training more Anganwadi workers
- Partnership with South Delhi Municipal Corporation to provide life skills training to primary school going children in the SDMC run schools
- Conduct both online and physical trainings
- Adding one session on Application of Life Skills at the end of the training module
- Finalizing and uploading Life Skills English videos on the Foundation's You Tube channel.

- Documentation of the work done
- Capacity building of the team
- Parents/Teachers/NGO staff orientation
- Monitoring and evaluation
- Developing online MIS

KHWABGAH (Jasola and Noor Nagar)

- Interactive and informative training sessions and courses for the teachers to improve their skills.
- Regular physical classes in SDMC Jasola Girls School, SDMC Jasola Boys School, SDMC Noor Nagar Girls School and SDMC Noor Nagar Boys School.
- Distribution of Workbooks and art books from Nursery to class 5 students
- Assessment of new students to check their level
- Segregation of students according to their learning level
- Implementation of MIS
- Planning of material for remedial classes to fill the learning gaps
- Planning of monthly class-wise planner
- Regular school team meetings to share good ideas and practices as well as to enhance team spirit
- Orientation of new members and refresher training
- Need based calls and visits with students and parents

PARTNERS IN CHANGE

- Establish linkages with corporates, institutions, and industries for training on POSH, Gender Sensitization, Stress Management, HIV/AIDS etc.
- Conduct training sessions both online and physical
- Conduct sessions with the community women on Reproductive Health, Menstrual Health, POCSO Act, HIV/AIDS, POSH Act, and Gender Sensitization.

HIFAZAT

- Assessment of health needs in community (Jasola and Noor Nagar)
- Collaborating and coordinating with doctors, hospitals, NGOs and health officials
- Conducting health camps/clinics regularly
- Distribution of Hifazat health kits
- Adoption of the dispensary attached with SDMC Jasola to augment the health camps/clinics
- Conduct awareness sessions on health and hygiene in community during PTM

ROOPANTAR

- ❑ Design and construction of a toilet block and playground at SDMC Pratibha Vidyalaya (Boys), SDMC Pratibha Vidyalaya (Girls), Jasola
- ❑ Procurement new state-of-the-art furniture in classrooms and staffroom for the KK Modi Khwabgah Block in Jasola and the two schools in Noor Nagar
- ❑ Repair and upgradation of classrooms of SDMC Primary School Noor Nagar (Girls) and SDMC Primary School Noor Nagar (Boys).
- ❑ Undertake need based repairing and maintenance work.