

ANNUAL REPORT 2017-18



Background

Modicare Foundation was established as a tribute to Rai Bhadur Gujaramal Modi, with an aim to empower lives of people since 1996. Over the years Modicare Foundation has worked with vulnerable children, supported HIV positive patients, marginalised women and unemployed and unskilled youth. Currently Modicare Foundation works towards imparting life skills education to adolescents and children, improving quality of education in primary school, ensuring holistic development in children and capacity building at work places. An efficient, experienced and highly skilled team ensures effective implementation of our vision. The programmes of the Foundation are mainly supported by the contribution of the Modi Enterprises (KK Modi Group). We also work in partnership with government, NGOs, institutions and industry.

Vision

Modicare foundation strongly believes that every individual has the potential to transform his/her to life to grow and develop as an active citizen

Mission

Empower the marginalised population specially women, adolescents, youth and children with skills and knowledge to work as change agents for themselves and their community

Existing interventions

Khwabgah, SDMC School, Jasola

Regular classes from nursery to 5th grade students

Ambassadors of Change

Life skills programme for adolescents and children

Partners in change

Training/capacity building on gender, sexual harassment at workplaces, reproductive health, HIV/AIDS

PROGRAM HIGHLIGHTS

Khwabgah

Location	Category	No. of children
Jasola SDMC school	Nursery to 3rd grade	946

Ambassadors of Change (AOC): Life skills training

	Total	Note
No. of participants trained	5500	Boys: 2847 Girls: 3330
Training with Primary School Children		
No. of Children trained	5307	Boys: 2515 Girls: 2792
Training of Trainers		
No. of training conducted (Internal)	02	-Life Skills Orientation Training -Capacity Building workshop on STI/RTI (Sexually Transmitted Infections), HIV & AIDS, Reproductive Child Health covering use of contraceptive methods.
No. of Participants covered		30

Partners in Change

Name of Organization	Training conducted	No. Of participants
Global Dent Aid	Workplace intervention: HIV/AIDS	145
	Gender sensitization & sexual harassment at workplaces	35
	Monthly internal committee meetings of sexual harassment at workplaces	15
Jindal Steel Limited, Hisar	Training of Trainers	13
Jindal Steel Limited, Hisar	Health Camps	1155
United Way, Delhi	Training with women entrepreneurs	85
MR Utilities	Gender sensitization & sexual harassment at workplaces	130

ACHIEVEMENTS

AOC

- **6213** adolescents have been trained in Life Skills Education
- **32805** adolescents have been reached through peer education
- Total number of adolescents reached in 2017-18: **39018**



KHWABGAH: overall well being of children

Behavioural change: Considerable behavioural improvement is visible amongst students. Children have become more participatory and more attentive in the class. Families are taking interest in children's education.

Academic improvement: An overall academic improvement is discernible in 80% of the children.

Partners in change

- Trained the staff and workers of Global Dent Aid, MR Utilities on gender and sexual harassment at workplaces.
- Trained employees of Jindal Stainless Steel Limited and Global Dent Aid on HIV/ AIDS.
- Organized three Health Camps through Jindal Steel Limited, Hisar covering **1155** participants.
- Trained women entrepreneurs on life skills, negotiation skills, time Management and stress



Khwabgah Jasola

At the behest of the South Delhi Municipal Corporation (SDMC), Modicare Foundation is taking on a bigger challenge by providing educational and co-curricular support to the Government school in Jasola (Pratibha Vidyalaya). Having gained significant experience of working with Government school (New Friends Colony), Modicare Foundation had signed a new MoU with SDMC for their school in Jasola in October, 2016, which has an enrolment of more than more than 3000 children.

Programme Highlights (2017-18)

The Foundation's Academic Counsellors are supporting Government teachers in nursery, class I, II and III. The objective is to keep adding classes every year. The total coverage of children is around 2000. In addition to using innovative methods of teaching and learning, the Foundation has a strong focus on co-curricular activities – music, art & craft and sports. The Foundation has also invested in improving the school infrastructure. Our aim is to support the government schools in providing quality education to every child. Working in partnership with school, local administration and community helps the Foundation create a conducive environment for children.

Classes	Number of Students
Nursery, Class I, II & III	946

Streamlining academics:

Modicare Foundation aims to invest on the quality of learning as children are not achieving age appropriate learning. Following a quick assessment at the beginning of the year (April 2017) of all students in class I, II and III, we had segregated the students into three sections based on their learning ability. The assessment was based on three categories:

- 1) Good: those who obtained 60% marks and more
- 2) Average: those who obtained 45- 59 % marks
- 3) Underperforming category: those obtained less than 45% marks

Accordingly, the sections were divided based on the learning ability of the students. In this way while the weak students are getting remedial support, the average and good students are able to move on with their learning. This is a temporary move to bring the weak children up to speed so that they can all get to the same level. Interestingly, this approach of Foundation is in consonance with mission Buniyad which was launched by the government in March 2018. After the National Achievement Survey found that most government school students in class 3rd and 5th performed abysmally in Science, Maths and Language, SDMC launched Project Buniyad to help its underperforming students. The scheme is slated to run for three months from April to June 2018.

Assessment of students:

A baseline assessment of class I, II and III was conducted in May 2017 – right at the beginning of the academic year to understand the learning levels of children and accordingly the class segregation was undertaken to assist those who needed extra coaching as well as accelerate learning for the good students. In February 2018, the final assessment was carried out and it was observed that there was a considerable enhancement in the learning levels.

Learning outcome of Girls

Month	Class	No. of students assessed	Category A	Category B	Category C
May 2017	I	61	5	13	43
			8%	22%	70%
February 2018		77	51	11	15
			66%	15%	19%
May 2017	II	119	48	20	51
			40%	17%	43%
February 2018		135	107	21	7
			79%	16%	5%
May 2017	III	132	48	27	57
			36%	20%	43%
February 2018		177	106	38	33
			60%	21%	19%

Learning Outcome for Boys

Month	Class	No. of students assessed	Category A	Category B	Category C
May 2017	I	46	2	9	35
			4%	20%	76%
February 2018		57	26	12	19
			46%	21%	33%
May 2017	II	79	29	13	37
			37%	16%	47%
February 2018		84	51	15	18
			61%	18%	21%
May 2017	III	65	15	12	38
			23%	19%	58%
		123	48	20	55
			40%	15%	45%

Extra Curricular Activities

To make learning more interactive and participatory with subject linkages, activity based teaching is practiced. Along with that, sports classes have been introduced which certainly has unleashed the positive energy level of children. Studies have shown that exercise increases the blood flow to the brain and helps the body build more connections between the nerves,

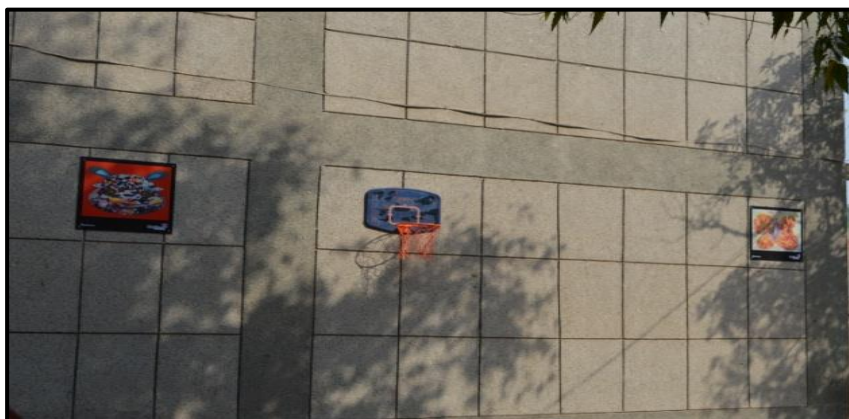


leading to increased concentration, stimulated creativity and problem solving skills.

Infrastructure Upgradation

As part of learning environment, comfortable and attractive infrastructure is very important for children specially those are at their primary levels. It is a fact that having schools in good conditions is decisive for students to achieve academic excellence. Modicare Foundation has made heavy investment in the school in terms of getting the building renovated, wall painting, getting the classrooms painted, new furniture, sports facility, etc., has made the following infrastructure upgradation:

Before and after Modicare Foundation's Intervention





Art & craft

Students love to draw. We are conducting regular classes of art and craft. These activities are useful to develop interest in academics and also it helps to enhance their creativity and concentration. Children also learnt different forms of art i.e. fork painting, hand painting, warli painting; drawing from alphabets and collage made out of waste material.

Samples of greeting cards made by the children



Music classes:

Regular music classes are held with the students of grade 2 and 3. We have observed that the children always respond enthusiastically to music and they love it. Research has found that “music rich” experience for children has brought a serious benefit to children as they progress into more formal learning. The Foundation has an extremely gifted artiste as the music teacher and we find that children are learning to be creative and it is providing them a great outlet for team work too.



Sports:

Regular sports classes are conducted for the children of 1st, 2nd and 3rd grade. Sports is key to good health, sound mind and children essentially love to participate in sporting activities. Sports activities are also helpful in learning teamwork, coordination and motivation, discipline etc. Initially we focused on basic drills



like how to stand, how to walk, listening and following instruction. Presently, many of our activities are also based on academic improvement like counting, shapes, addition, subtraction etc.

School Sanitation and Hygiene Education

Children have a right to basic facilities in schools, such as clean toilets, safe drinking water, clean and hygienic surrounding. If these conditions are created, children come to school and enjoy learning. However, when the Foundation started working in the school, we found that the situation on the ground was far from satisfactory. There was no water in the school and as a result the toilets were dirty and the children were unable to use the facility. Hence, sanitation was our major priority and relentlessly pursued the matter with the concerned government officials to fix the problem. We believed that provision of basic clean sanitation facilities is a first step towards a healthy learning environment. Alongside, we also introduced other personal hygienic practices including hand wash, oral hygiene and general cleanliness. We ensured that waste bins were placed all over the school. Due to our intervention, meals were being served in the classrooms. The Foundation provided table mats for the desks in the classrooms where children could have their meals with dignity.

Special Badges for Children

Special badges have been designed by the Foundation to motivate and challenge students. Badges are given not only for academic excellence but also for discipline, attendance, punctuality, maintaining good hygiene, etc. In addition, there are badges for good behavior, not using abusive language, being cheerful, etc. These badges have made a lot of difference to the students. The badges are pushing children to do better as the messages are positive and affirmative of their ability and quality.



Capacity building of Academic Counsellors

Regular capacity building activities of Foundation's Academic Counsellors were being carried out in order to help them incorporate new innovative teaching methodologies and also strengthen cohesion within the team for effective deliverables.

Community based Health Camps

The Foundation strongly believes that a good school has to develop a strong linkage with the community. As a part of the community engagement plan, the Modicare team makes regular field visits to connect with parents. The Foundation has tried to systematically work towards community mobilization and creating partnerships on education, health and empowering community groups to take actions to facilitate change. We had begun our intervention with a health camp organised on 4th December 2016 at community centre, Sarita Vihar. This event was jointly supported by local Area Councillor, MCD in association with Fortis Hospital. The team of specialists included Cardiologist, Orthopaedic and Dentist, who covered round 147 patients in a day.



Launch of Workbook and inauguration of painting wall:

Teaching materials can support student learning and increase student success. Ideally, the teaching materials should be tailored to the content in which they're being used, to the students in whose class they are being used, and the teacher. Teaching materials come in many shapes and sizes, but they all have in common the ability to support student learning. Keeping the need of our students in mind we have successfully designed specialized workbooks for classes Nursery and class 1. These workbooks were



launched by Mr Samir Modi, the Managing Director of Modicare along with the local councilor, Ms Neetu Choudhary. We hope to bring significant increase in students' learning achievements.



Achievements

Although there are many milestones that need to be crossed, but our commitment to provide quality education to all children remains steadfast

- The Foundation has been paying special attention to the weaker children including holding remedial classes. We can see changes in terms of their comprehension, recognition of alphabets, simple counting, etc.
- There is a perceptible change in the behavior of boys in particular. They have been attending classes more regularly, fighting less, not using abusive language and there is a considerable improvement in their personal hygiene.
- Frequent interaction with parents helps us to motivate them to remain engaged with their children's education. We do discuss the weak areas while always reinforcing the positive traits in the child.
- General cleanliness in the school has markedly improved. The Foundation has hired two cleaners who have been doing an excellent job in keeping the premise clean.

Ambassadors of Change (AOC)

AOC, a flagship programme started in 2000, is based on life skills education for in and out of school adolescents. The objective is to enable adolescents to recognize and accept their physical, mental and emotional changes associated with this phase of life. The programme is supported by a well designed training module and highly skilled trainers to help teachers, care givers & NGO staff in integrating life skills in their day to day activities.

Objectives

- To enable adolescents to understand and accept their physical, emotional & mental changes associated with this phase of life.
- To equip adolescents with the skills that enables them to make informed choices for responsible behavior.

Total Coverage

LIFE SKILLS TRAINING	TOTAL
No. of NGOs/Schools covered	37
Number of adolescents trained	6213
Girls	3330
Boys	2883

SESSIONS WITH PRIMARY GRADE CHILDREN

Number of children covered	5307
Number of NGO/Schools covered	26
Number of female children	2792
Number of male children	2515

HIGHLIGHTS

Change in Strategy:

Modicare Foundation through its AOC programme has always reached out to underprivileged and marginalised population. Through our initiatives we have tried to make sure that students adopt social and emotional learning in their day to day lives. The AOC programme had undergone a major transition this year. Presently, we not only work with non government and informal groups but we have adopted a more structured mechanism to take this programme forward.



We began this fiscal year, partnering with various schools of South and Central district in Delhi, to expand our outreach and also consolidate our learning at an institutional level. It has not only made AOC's training more time efficient but also effective in terms of reaching out to more adolescents in a shorter span of time. This year, the Foundation partnered with 7 schools in Delhi reaching out to 6213 adolescents. Our trainers did comprehensive training with the entire school in order to ensure the key messages are delivered uniformly and consistently

through peers and teachers. Orientation programme parents were conducted in order to drive the home the key messages around adolescent issues.

Trainings the Children:

With a brand new programme launched in pilot mode last year, this fiscal year the AOC programme started a distinct programme for children of primary grades on life skills. AOC reached out to 5307 children in sensitizing them on good touch/bad touch, bullying, Nutrition and Health and Hygiene. We have built partnerships with many primary schools of South Delhi Municipal Corporation as well NGOs that work with children. Using interactive tools and engaging games, our trainers made sure that the key messages were firmly ingrained in the minds of children.



Training of Trainers:

Each year, the programme tries to enhance its outreach by reaching out to more children and adolescents. This year, the team had also identified and trained the prospective pool of trainers who could be an added resource in field and assist in imparting trainings. We were able to identify pool of 14 in house trainers, who were trained not only on issues related to adolescents and children but also helped them develop their communication and delivery skills that were required for peer education. This will ensure availability of resources in the field, thus making it more sustainable in the long run.



Working with adolescent under-trials at Dasna Prison:

The Foundation in partnership with India Vision Foundation successfully designed a special programme for adolescents and youths living in prisons. The Five day training in the prison covered 80 adolescents. Through this training, the inmates were made aware about their Rights (of incarcerated youth and adolescents) and utilize their prison time with a positive attitude. Participants' feedback is presented below.

**TRAINING
FEEDBACK**

Life skills
 हमने इन पांच दिनों में बहुत कुछ सीखा है और अपने ही और दूसरों के लिए ही सिखा है जैसे अपने शोषण का सामना करना अपनी ही लड़कों को आसुर करना और दूसरों को सहायता करना और अपने अस्तिर को सफल रखने रखना और दूसरों को भी सहायता की मदद की जा सकती है और जो भी सूर रहना और दूसरों को दूर रखना और दिखाने नहीं छोड़ना और उसे बिगड़ना नहीं सिखाते किसे और अगर करना अगर सेना के लिए एक प्रिसनल जैन जैसे एक्टर जैसा आनंदों को ही जैसा उनके कपड़े और प्रियम से नहीं एक्टर एक्टर को गाजी न भारत एक्टर को जलित से चुप मत करो और अकम के लिए मैं भी प्रेस एक्टर कुछ सिखा है अपने अस्तिर से अकम अकम ना के और अपने से लड़का सामान और और दूसरों का भी 11/11/2

**INDIA
VISION
FOUNDATION**

हमने अपने भाग लेना का आनंद करना सीखा है।
 लड़कों और लड़कों से कोई भी सहायता नहीं होना चाहिए। लड़कों और लड़कों का सम्मान होना है।
 हमने अपने से बड़ों का आदर करना चाहिए और अपनी बातें माननी चाहिए हम सबको खुशमान-सहायता का नर नहीं करना चाहिए।
 हम सबको लड़कों को सहायता करनी चाहिए और उनका आदर सम्मान करना हमारे लिए।
 हम सबको अपने घर बड़ों का सम्मान देना चाहिए।
Kamal
Sanjay
Shyam
Day

इन पांच दिनों में मैंने सीखने की तो बहुत कुछ सीखा पर जो मुझे अच्छा लगा वो ये है कि लड़का और लड़की में भेदभाव नहीं होनी चाहिए और ना ही कोई फरक करना चाहिए
 My Name is
 Rahul S/o Sankesh

हमारे दिनों में हमने अपनी बिराही दुई दिन भी जो फिर से सही राह पर जाने का रास्ता मिला है। मुझे इन पांच दिनों में शोषण को ना सामना करना Topic अच्छा लगा! जिससे हमारी प्रिय भी मैं अपना लक्ष्य तब लाने में मदद मिलेगी! हम बहुत आभारी हैं कि हमें Life में एक इतना अच्छा instructor मिला! Thanks Krishna Sir and Team
manish



Working with adolescent girls in Correctional Setting (NIRMAL CHHAYA):

Nirmal Chhaya is a statutory institution for an effective implementation of the objectives of The Immoral Traffic (Prevention) Act, 1956.

The Institution provides free boarding, lodging, medical care, mental health care, protection, counselling, psychiatric treatment, vocational training, guidance, basic education and recreation activities for the residents. Nirmal Chhaya admits women and girls under the following categories at the orders of the concerned court:

- Women and girls rescued from brothels.
- Women and girls under sections 363, 366 and 376 of IPC, etc.
- Children in need of Care and Protection, abandoned child
- Children in conflict with law

The Foundation conducted workshops and sessions with 81 adolescents and 43 children in partnership with Nirmal Chhaya to make sure that girls living in vulnerable setup also receive skills and counselling to cope better with their social and emotional needs.

A unique aspect of the training at Children Home for Girls, Nirmal Chhayawas that the sessions were designed taking in consideration the background of the girls in the home. The concerns related to girls in a setting like Nirmal Chhaya is different from other adolescents. For example, most of the participants in the training were victims of child labour, were abandoned by their parents or had runaway from their homes. There were also cases of teenage pregnancy, child marriage and girls who were in conflict with law. Modicare Foundation delivered the Life Skills workshop trying to make the topics relevant to their current life circumstances.

Customised training programme for Somerville school and Teach India Fellows:

Flexibility in the AOC programme allows it to design and deliver training on specific issues without losing the core essence of the life skills training. Modicare Foundation has trained over 900 adolescents both girls and boys in custom made sessions. This year we had partnered with Somerville School, Vasundra, to impart training to students of 4-8 grade children. We have designed custom made sessions on pre-menstrual hygiene, growing up, gender and responsible sexual behaviour. Besides, we have also conducted trainings on peer-pressure/bullying and growing up with class 9th girls in Government Girls Senior Secondary School for Teach For India.

Teaching Learning Material Development:

The Foundation strongly believes in continuous learning which is about expanding our ability to learn by regularly upgrading our skills and enhancing our knowledge base. In this context, the Foundation keeps reviewing and updating the resource/training material. This year too, new worksheets, modules, IEC and related resource material were developed. We believe communication for development is pivotal to ensure that the messages that we disseminate during the sessions are further reinforced through other means as well. Therefore interesting teaching learning materials were developed which included:

- Worksheet for children
- Charts and other IEC material for classroom interaction with adolescents and children
- Songs and games for Primary Grade Children

Achievement:

In order to assess the viability and impact of the programme, Modicare Foundation each year conducts impact assessment study to document the achievements, challenges in the programme along with the learning. Each year 5% of trained youth facilitators are selected at random for the assessment from the Foundation's partner network.

The sample of the study comprised 282 participants (133 males and 149 females) in the age group, 15-19 years. The data was collected from all our partner schools and NGO's across Delhi. Schools and NGO's from where data for the impact was collected include: *GBSSS, Jasola, GBSSS, Madanpur Khadar, SKV, Madanpur Khadar, Anglo Arabic Sr. Sc. School, Anglo Arabic Model Scholl, Ajmerigate, CASP- Delhi, Arpana Trust, Nirmal Chhaya, BK Welfare Foundation and Sakaar outreach.*

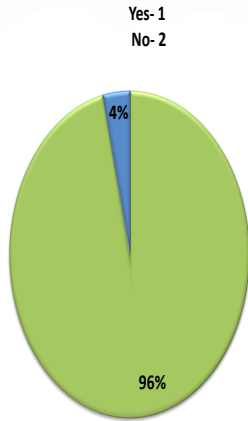
Key Finding:

- It was evident from the FGDs and impact questionnaires that the sample group had retained most of the information provided during the training. They were able to recall some of the activities as well as key messages on Life skills, Substance Abuse, Gender stereotypes, Peer pressure & Bullying, Growing up, etc. Additionally, 88% (5397) youth facilitators have reached out to 6 people on an average. In this year (2017-18) 32,382 adolescents were reached through peer education.
- 96% participants responded in an affirmative when asked if the training had induced any changes in their behaviour and thought process. After the training they were able to express their thoughts clearly and communicate more effectively. Prior to training they would often be casual towards their body and self as well as others. However, post training they began not only to think critically but it also helped them begin the process of change in their attitude and overall perception about their society and future at large.

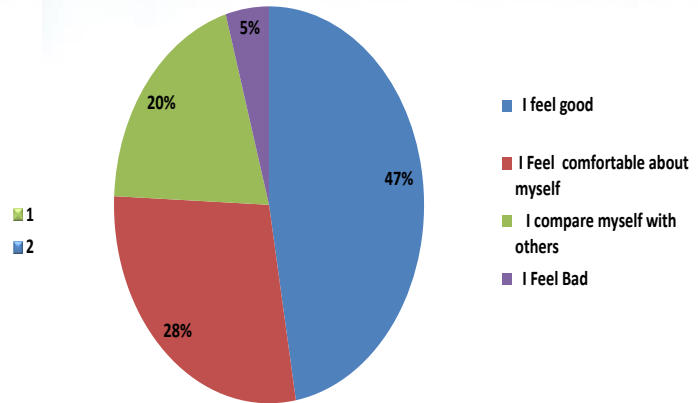
- Most of the Participants shared that these workshops had helped them in developing social and emotional learning skills. It ensured that they developed positive outlook towards life and wanted such workshops/refresher on a regular basis.
- The communication with parents and family seemed to have improved as per the feedback received from the participants. The adolescents reportedly are more open and engaging family members and friends. Effective communication skills also helped them to handle challenging situation in a better way.
- Almost all the participants confessed about how they would feel shy/inhibited to participate in school events or speak in the class. However, this training had helped them to develop a positive self image and boost their self confidence in school participation.
- Both girls and boys have developed better understanding of their bodies and ways to maintain proper hygiene. Girls were well versed with whole cycle of menstruation, ways to maintain hygiene during and after menstruation while boys made sure that they maintained their genital hygiene in order to avoid any kind of infection.
-
- Bunking in schools had considerably reduced; there was a significant increase in the attendance levels. The participants had started to realize the value of education and thus seemed to be more serious about attending school.
- 93% participants knew the ways to recognize, resist and report good touch and bad touch. Their response indicated a greater sense of responsibility towards peers and society. They were very confident of standing up against bullying/harassment and also reporting the matter to the concerned authorities.
- One of the most important aspects of trainings was the session on growing up where the adolescents tried to develop positive self esteem. The session helped them understand that every individual was unique. It was not just the physical appearance that made the person beautiful or special; but the qualities that made a lot of difference. For example: *Satish (name changed) is a 18 year old student in the Government Boys Senior Secondary School, Jasola. For the past few years Satish has been feeling uncomfortable about his body. But after the training he has learnt to appreciate the changes in his body. Earlier he felt that changes in his body were not normal and only he was facing them. Now he is able to understand that it is part of development process and this is the way he is getting transformed into an adult.*

IMPACT AT GLANCE

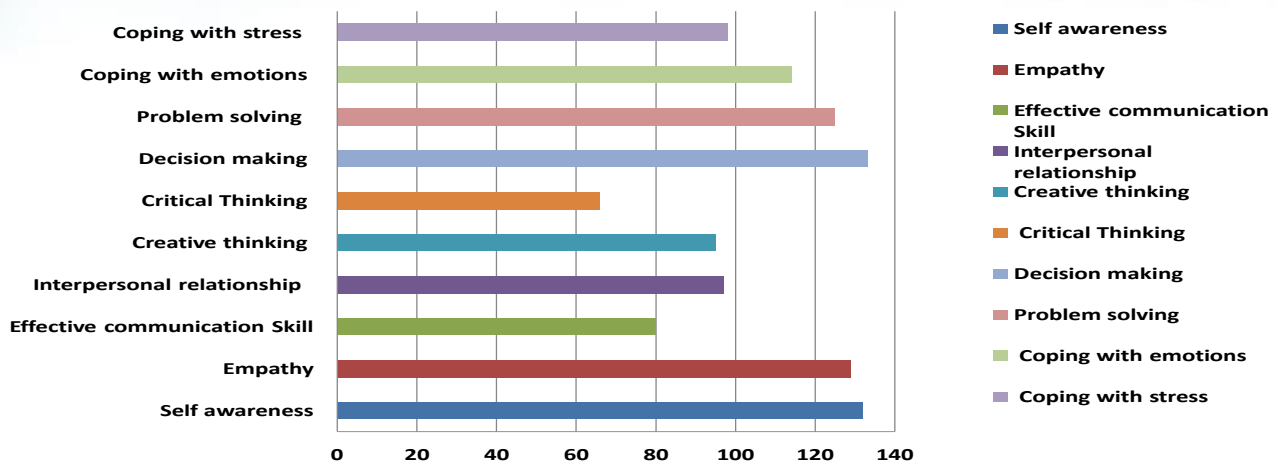
“Enhanced my skills”
After training, did you find any change in your behaviour, values and thinking process?



“I am more comfortable about myself”
When you look at your body in mirror, how do you feel?

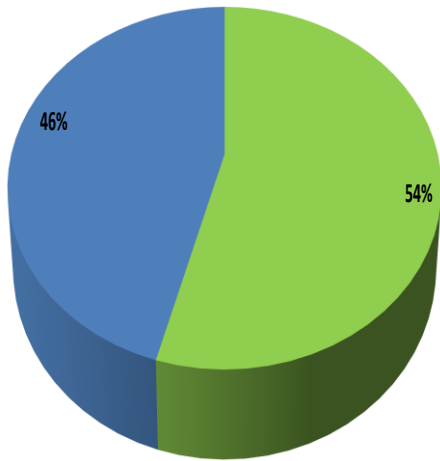


“Enhanced my skills”
Did you apply any Life Skills learnt after the training?



"I empathize with opposite gender"
 Did you apply life skills to deal with gender discrimination?

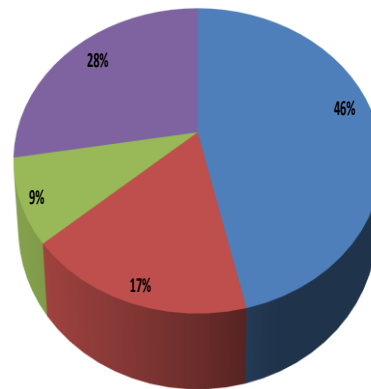
Shared positive experience - 1
 Didn't share any experience-2



"I am Aware"
 Abstinence from sexual relations during adolescence is one of the effective ways to maintain good reproductive health?

Totally Agree-1
 Agree-2
 Agree a bit-3
 Not at all-4

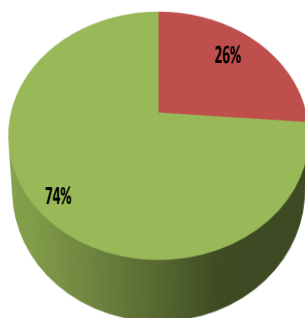
■ 1
 ■ 2



BULLYING SCENARIO
POST TRAINING

Has there been any incident of bullying after life skill training?

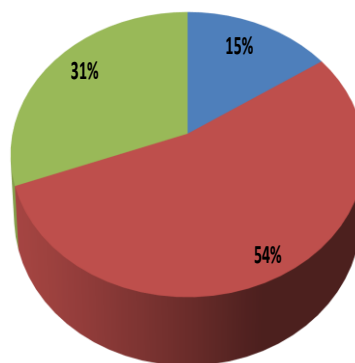
■ Yes ■ No



BULLYING SCENARIO
PRE TRAINING

Have you ever been bullied?

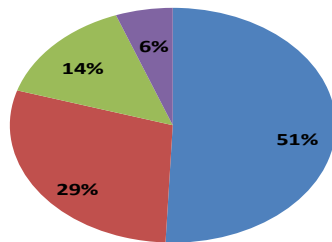
■ I have never been bullied
 ■ I have been bullied
 ■ I have faced bullying time and again



““I maintain limits and boundaries in friendship”

Are you able to say no to negative pressure now ?

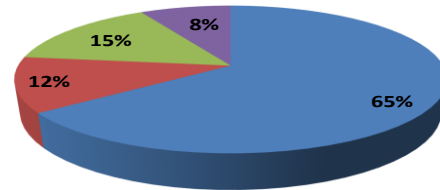
Totally Agree - 1,
Agree - 2,
Agree a bit - 3 ,
Not at all - 4



If your friend asks for personal information like password, PIN or any other information. What would you do?

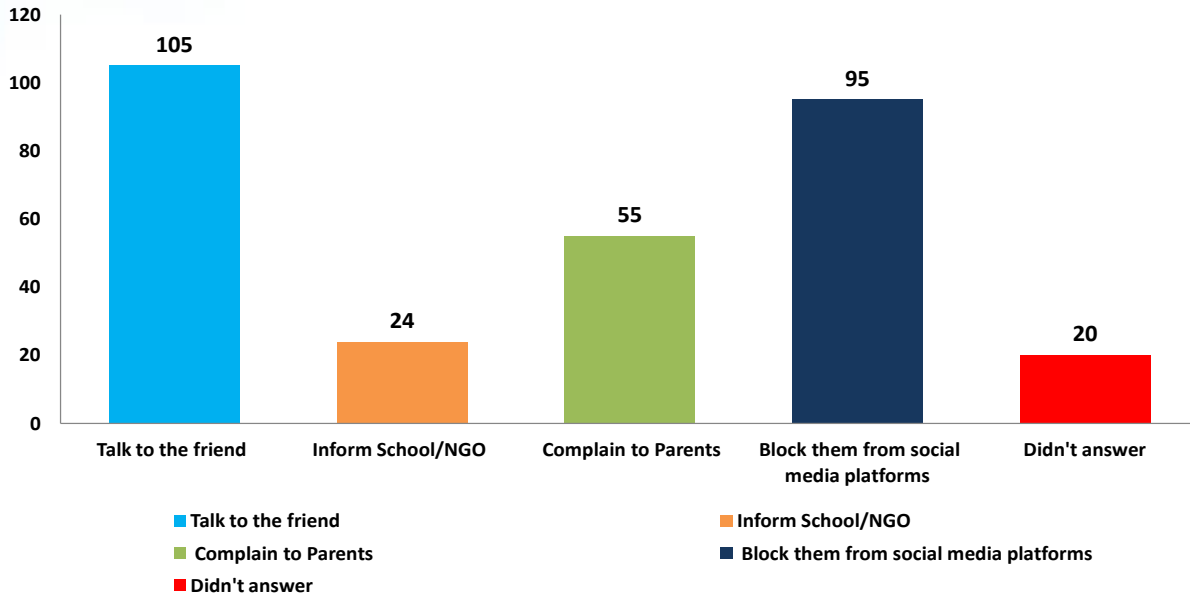
I will not share - 1,
I will share - 2 ,
Don't Know - 3,
Didn't Answer- 4

■ 1 ■ 2 ■ 3 ■ 4



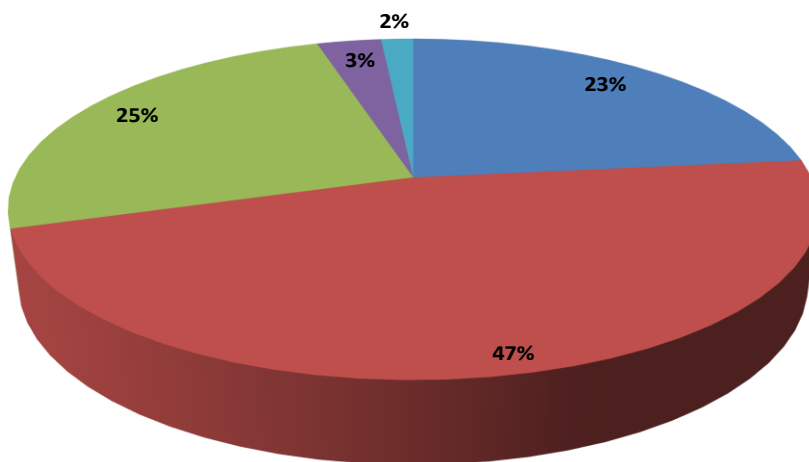
“I can handle cyber bullying”

What would you do if your friend sends you an obscene message on social media platforms (Facebook/Whatsapp)?



“Feedback about Life Skills Training”

- 1- It helped me improve as an individual
- 2- It helps us make informed decisions
- 3- Enhanced my skills
- 4- Didn't find it useful
- 5- No Response



CASE STUDY

CASE STUDY 1:

After completing refresher training in Arpana Trust with 11th standard boys, we received a call from the organization seeking counseling support for one of the boys, Rahul, (name changed) who had attended the refresher/ According to Arpana Trust, the boy was driving himself to a high level of stress thinking he has contacted AIDS.

After having a detailed conversation with him, we found out that he had not been sleeping well ever since he had attended our HIV/AIDS session. The reason being, almost a year ago, a boy had physically abused Rahul by forcing anal sex on him. Ironically, a year later, Rahul did the same thing to another boy junior to him. After attending our HIV session, he was paranoid as he thought he was suffering from HIV/AIDS because of his irresponsible behavior. He was also very disturbed for being constantly bullied by other boys, his body parts - chest and hip - being touched by them inappropriately, which he was not able to share with anyone. We counseled him and his mother separately and explained everything in detail. Rahul was counseled to take the HIV/AIDS test. Post counseling, Rahul appeared calm and he thanked the AOC team for demystifying his myths and empowering him with knowledge and awareness. The management of Arpana Trust also appreciated our prompt response and timely intervention.

CASE STUDY 2:

Sheena (name changed) is a student of class 9 of Government Girls Senior Secondary School, Sarita Vihar. While conducting session on Growing up, she excused herself saying that she was not feeling well and needed to go out. This happened again the next day of the training. When asked, she told the trainer that she felt uncomfortable and experienced sweating and panic when she heard about physical changes, like menstruation, masturbation etc. She also said that earlier too, she felt the same way whenever she would hear about such things. She held the perception that periods and pregnancy were things about which one should not talk in open. The trainer counselled her and tried to make her comfortable in the sessions that followed after that. She attended the remaining sessions with less trouble and seemed calmer while listening. When the trainer took everyone's feedback at the end of five day trainings, Sheena shared that she had got a scientific perspective to all her curiosities and was not hesitant anymore to talk about the changes in her.

Participant's Feedback

Feedback
 The training was really good and we learned a lot about the importance of the brain. We also learned about the different parts of the brain and how they work. I was very interested in the part about the brain and how it works. I will try to use what I learned in my daily life.

Feedback
 I learned a lot from this training. I was very interested in the part about the brain and how it works. I will try to use what I learned in my daily life.

Modicare FOUNDATION

Your feedback helps us improve.
 Date: 21/10/2019 Organization/School: Sanshodhya Kanya Vidyalaya, M.P. New Belt

व्या सीखा :- इससे मैंने सीखा
 की हवे किससे, कैसे बात करनी
 चाहिए अपने से बड़े से कैसे
 बात करनी - चाहिए अपने से
 छोटे वाली लगी तथा दोस्तों
 से कैसे बात, बात करनी
 चाहिए। अपने माता पिता से
 सम्मान तथा प्रेम से बात
 करनी चाहिए न कि उनसे तेज
 आवाज से बात करके न तो
 उनके सामने बड़ा बनकर किसी
 उनके दिल को टैस पहुंचा सकते
 किसी दोस्त को उसके नाम
 से बुलाना चाहिए न कि उसे
 नाम लेकर।

मैंने क्या सीखा :- मुझे और
 मेरी दोस्तों को मैंने बहुत
 अच्छी लगी क्योंकि इससे हमें
 पता चलता कि अगर हम जीवन
 कौशल के तबिले पर अच्छे
 से ध्यान दें तो हमारी लैडिफ
 कम्पलीट हो सकती है जो कि हमें

Feedback
For Trainers,
 Trainers are Mr. Kuldip Sir and Mr. Rajesh Sir.
 That was cause for give us how skill and power of student and I know know that that was Sir was a one type of God to me because they teaching how to take response and how to behaviour others whether wither elders and small. Now I think we are like me because now I understand that all things which is decided by our Rajesh Sir.
Learned by me
 All people have some skill if they know as don't know all student are similar in my opinion because never be disturbed and

Feedback
 I learned a lot from this training. I was very interested in the part about the brain and how it works. I will try to use what I learned in my daily life.

Partners in Change

Partners in Change, is yet another initiative of Modicare Foundation towards learning and collaboration. The Foundation provides technical support to corporate/industries and development agencies to develop a comprehensive programme on HIV/AIDS, Gender and on Sexual harassment of women at workplace Act, within their business and working agenda. The support includes activities such as awareness generation through community based camps, forming internal committees, master trainers training, etc.

Our partners:

Global Dent Aids a private company based in Noida had requested us for a training of their staff on HIV/AIDS awareness. Approximately 145 employees have been informed on basics of HIV/AIDS and related issues. In addition, 35 staff members have been sensitized on Gender related issues and trained on sexual harassment act at workplace. Since the topic was new for most of the participants, our trainers tweaked the programme in such a way that the message could reach all of them in a simple and lucid way and also demystify some of their myths. Impressed by our workplace intervention and outreach. Foundation is also an external member of internal committee.

Modicare Foundation has partnered with Jindal Steel Foundation for yearlong HIV/AIDS awareness program. It includes Master Trainers (MT) training on related issues and conducted six health awareness camps on various locations of intervention areas to create awareness about HIV/AIDS among youths, women, farmers and truckers. The MTs training covered range of issues including route of transmission, prevention, counseling, related services and care & support.

The Foundation has conducted training on Gender Sensitization and Sexual Harassment at Workplace was with 130 employees of M. R. Utility Pvt. Ltd. NOIDA. In addition Foundation is on board of internal committee for sexual harassment at workplace.

In partnership with United Way, Delhi, Modicare Foundation conducted Training on Gender Sensitization, Time Management, Stress Management, and Life Skills with 85 women entrepreneurs.



FOUNDATION

Gratitude to all our Partners



FOUNDATION