










# ANNUAL REPORT

2012-2013



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## MODICARE FOUNDATION

**Modicare Foundation was set up in 1996** by Mr. Samir Modi with the commitment to prevent the spread of **HIV/AIDS**, enhance awareness and erase the myths and misconceptions surrounding it. Since then the Foundation has grown considerably and currently implements diverse programs in order to address the concerns in the field with the focus on women and girl empowerment.

Modicare Foundation has developed expertise on issues related to health and empowerment focusing on Adolescent Reproductive and Sexual Health, HIV/AIDS/STIs community and women's health. Our underlying approach is building peoples' life skills to take informed decisions in any aspect of life, strengthening health delivery systems through capacity building of grass root health functionaries. The Foundation is in partnership with resource agencies, corporates, NGOs and educational institutions to addresses socio - economic, legal and empowerment issues. The Foundation is recognized for its quality programs, and is reaching the unreached.

### **Our Partners in Change:**

The foundation works with wide range of stakeholders both at the community and at the institutional level so as to leverage maximum participation

- **Children** in difficult circumstances : Street Children, Children in substance abuse, Out of school children in the slum
- **Adolescents** in schools (Private and Public schools) and in the community
- **Marginalised women**
- **At risk population:** Migrants and MSMs and Families infected and affected by HIV/AIDS
- **Govt.-**NACO,SACS, Department of education, Department of women and child Development, Govt. of NCT Delhi, Armed Forces, SCERT, SSA
- Community Based Organizations', NGOs
- **Corporate-**Jindal, Ambuja Cement, Prakash Industries, TCS, L&T, PVR Nest etc.
- **Individual Philanthropists and Educational Institutions-** Govt. and Private
- **Service Providers:** Asha, AWW, Teachers, Counselors

# Our Strengths



## **AMBASSADORS OF CHANGE**

**Ambassadors of Change (AOC) program:** A flagship program since 2000 is a life skills education for adolescent boys and girls in schools and community to facilitate their smooth transition from childhood to adulthood and be agents of change for a healthy and well-adjusted society. The program supports a well documented Training module to help teachers and care givers to integrate life skills techniques in their day to day activities with children and adolescents. The program has so far reached out to over 90,000 adolescent through over 90 educational institutions and trained professionals in over 30 NGOs.

<b>Highlights</b>
Life skills session conducted in the following schools:-
Jaspal kaur Public school, Delhi
Sachdeva public school, Delhi
Sommerville Public School, Delhi
A trainers training was conducted at Sambhav Foundation
Steria Foundation partnered to cover 300 out of school children
Training of Trainers a 3 days module was conducted with teachers in Gyan Shakti



## WORKPLACE INTERVENTION PROGRAMME

**Workplace Intervention Program (WIP):** is an intervention to help companies and agencies of public and private sectors developing a comprehensive program on HIV and AIDS within their business and working agenda. This includes activities such as awareness generation through peer education, testing and counseling and training of management to integrate it in their staff welfare programs. Since 2000, the program has covered 85000 workforces in over 40 public and private sector industries.

### Highlights

Refresher Training of 680 Anganwadi workers in collaboration with DSACS and ICDS.

Comprehensive program on HIV/AIDS covering 2, 200 truckers and migrant workers at JSL, Jajpur

30 Master Trainers at JSL Hisar to carry out the program in the company and community.

Sensitized 100 CRPF Staffs on HIV/AIDS with the support of DSACS.

Sensitized senior officials at Tihar Jail

Conducted training sessions on HIV and AIDs for SRTC of Delhi University



Training the Master's Trainer at Jindal Steels

## **EMPHASIS**

Enhancing Mobile Populations' Access to HIV & AIDS Services, Information and Support (EMPHASIS) is a 5-year initiative funded by the Big Lottery Fund (BIG). EMPHASIS program has been launched in February 2010 in collaboration with CARE India Solutions for Sustainable Development (CISSD) and Modicare Foundation in the selected areas of West and South West Delhi and Gurgaon for Nepali mobile population. The program aims to reduce the vulnerability of key mobile populations to HIV & AIDS along two mobility routes between Bangladesh/India and Nepal/India by delivering focused interventions at source, transit and destination points. A team of 7 people has been enrolled for this program under supervision of a Project Coordinator.

### **Highlight**

Establishment of three DICs "Nepal Chautari" at Kapashera, Naraina and Gurgaon with active participation from the impact population.

The project reached out to 5492 impact population through various services of outreach and counseling.

Annual Knowledge fair with PE and Solidarity Group and 7 infotainments resulted creating a mass awareness campaign

Effective linkage was established with the local stakeholders, Police, GRCs, PLHA networks and educational institutions.

Mobile DICs were initiated to reach out the unreached area and NMPs are easily availing the services.

5 SHG (Self Help Group) has been formed by the women's of the community with the help of present GRC's.

175 NMPs has got employment with the help of EMPHASIS staff/PE/Stakeholder at deferent industry (Hotel, Dhaba,Driver,export house, gardening, Housekeeping, Pantry boy, cash counter, house maid)

Sarita placement agency provided space and asked to conduct domestic worker meeting.

## EHSAAS

Modicare Foundation supports underprivileged individual/ families by providing nutritional supplements and protein powder. This is a small initiative of the Foundation which goes a long way for those who receive the support. Without this small initiative they would have found difficulties to survive. Foundation attempts to sensitize corporate organization, individual by encouraging them to become active sponsor in the program.

*Foundation currently providing nutritional and protein powder and psycho social support to - 42 children's and 3 adult*



### Life to Leadership

Every human being has an inspiration in life and for me Modicare Foundation is one such inspiration that has transformed my life. I came to know about my HIV positive status 14 years ago in 2001 and since then I have been associated with the Foundation through support of medicine, nutritional and various opportunities for growth. Its intensive counseling has enabled me to be an optimist & gave the courage to brace my situation. I now participate in the Foundation's workshops and trainings as an inspiration of an HIV infected for others to follow. Presently, I am pursuing a graduate course & want to succeed further in my career and make everybody proud.... From a EHSAAS participant.



## TARGETTED INTERVENTION PROGRAMME AMONGST MSM'S (SWAYAM)

Modicare foundation, New Delhi is has been working on the issue of HIV /AIDS since the time of its inception, 15 years ago. Among our various projects is Swayam, a Targeted Intervention Project for MSM (men having sex with men) situated in the north district of the capital. Swayam is sponsored by the National AIDS Control organization (NACO), through the Delhi State AIDS Control society (DSACS).

While undertaking this project, we came across a 1000 High Risk Groups which did not fall under any project or monitoring by any society or organization.

These stigmatized and socially marginalized groups are highly vulnerable to HIV/AIDS due to their high risk behaviour (unsafe sex practices) and tend to reside in farther localities out of fear and social insecurity. It is due to these factors that they prefer to live life behind closed doors and are inaccessible for treatment services

The North district of Delhi which will be the project site for this MSM intervention is densely populated by general population. The area is habited mainly by people who work in various small and medium scale industries in the vicinity. The specific location where the project has implemented was Sarai Rohilla, Azad Market, Kishangunj, Zakhira, Daya Basti, Sarai Basti and Old Sabzi Mandi.

Profile of the Target Group: Majority of the MSM population in the area is in the age group of 20 to 40 years. Having low socio economic profile and hence one of the biggest factors for this population is to indulge in high risk sexual behavior for easy availability of money.

The project was surrendered as on 31st March 2013

### Highlights

Total coverage has been 1018 MSMs through its counseling and support srvcies

More than 80% HRGs made regular contact with peer educator to avail TI service like Condoms, RMC, ICTC and VDRL test. It was very low during beginning of the project.

Organized 4 health camps, covering 300 people including high risk groups (HRG), MSM's and others

Organized two make up workshops aimed at enabling the participants to take care of themselves and their physical appearance

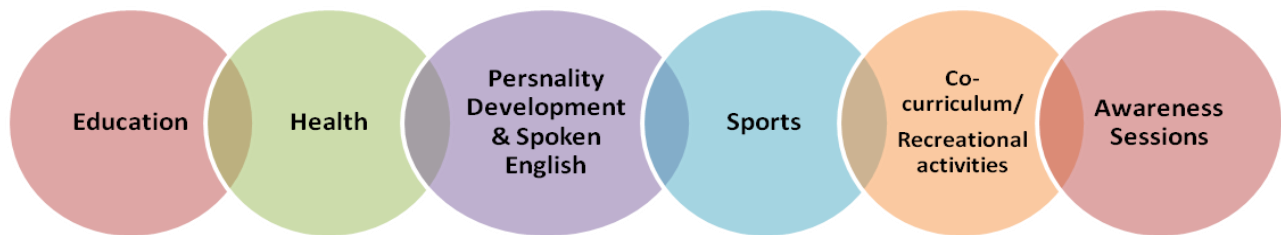


## KHWABGAH

Project Khwabgah is a community development program initiated with the The main focus is to fulfill the development needs of children, adolescents and youth for their holistic (educational, physical, mental, behavioral & social) growth and to transform them in to responsible and constructive citizens.

The project location is the slum in Taimoor Nagar, which inhabits migrant population from Bihar, UP and Bangladesh. They are daily wage earners and women are mostly working as house maids. Children are either out of school or engaged in rag picking.

The project covered over 50 children in the age group 4- 16 years of age. Providing the following services for overall growth and development



## Highlights

Regular outreach helped to enroll over 60 children in our program who were out of school, drop out and engaged in rag picking and other street jobs.

Education being the core activity to help prepare children for mainstreaming in formal schools. A remarkable improvement has been noticed in many of the children.

Monthly health clinic were organized. Dr. Dinesh Gupta a resident physician examines each child during his visits and provides health awareness sessions on hygiene and care.

Weekly co-curricular sessions are held with children to make learning an enjoyable process.

All children are provided with daily meal to encourage their participation and complement their health diet intake.

Magic show was organized for the children on the theme of personal hygiene.

In Star of the month competition (health & hygiene) Sandeep was winner for excellent improvement in studies.

Children made flowers and candles during craft classes on the eve of Diwali celebration.

Movie screening “Delhi Safari” with the support of PVR Nest and “Makhkhi” at centre.



## CHILDSCAPES

**Project “Childscapes”** - a joint initiative by PVR Nest and Modicare foundation was started in 2011 to provide street children around PVR Priya complex with opportunities of overall development. Over 30 street children visiting the complex is in regular touch with the foundation while some are attending the non- formal education classes.

The learning center in Kusumpur pahadi slum engages out of school children in the community in educational and learning activities. They are mainstreamed in govt and private schools for continuing education. This effort has resulted in channelizing their energy in positive direction as the number of children



### **Highlights**

20 children have been mainstreamed into the regular school by joint efforts of Modicare foundation and Literacy India.

15 children have been enrolled into the de-addiction program at AIIMS centre in Ghaziabad.

Special session on sexual abuse and changes during adolescent age was taken with the girls group.

Sport Classes were held every Friday where the kids are exposed to indoor and outdoor games.

Exposure visit to various places like- Air Force Museum, Nehru Planetarium, Nizamuddin dargaah, Rajghat etc.

Intensive counseling and mentoring has helped children in the higher age group obtain an improved livelihood opportunities in Hyat Hotel, School Canteen and self employed business opportunities

## **GENDER RESOURCE CENTRE**

Modicare Foundation has been working as the “Mother NGO” for the project by the Govt. of N.C.T of Delhi under the aegis of Samajik Suvidha Sangam – Mission Convergence to facilitate the monitoring and capacity building of the Gender Resource Centre - Suvidha Kendras (GRC-SKs) operated by independent organizations in Delhi region. These GRC-SKs are envisaged to be instrumental in bringing social, economic and legal empowerment of women, especially those belonging to the vulnerable and underprivileged section of the society.

- The MNGO has proactively acted as an interface between the GRC-SK’s and the government.
- Conducted Capacity building workshop for GRC-SK’s on various components in order to strengthen them to conduct the activities and reach the target group.

### **Highlights**

This year Modicare Foundation mentored 51 SS-SKs and facilitated the following.

New initiatives like Delhi Annashree Yojana, NLMA-NIOS linkage for Basic literacy, Mini Library, WASH , Awaz Uthao piloted in the mainstream program..

Foundation assisted in linkage with DLSA to address the service gap for cases identified under gender violence. This helped in increase in no of cases being reported and referred.

311 nutrition camps were organized in which 10903 beneficiaries were educated on nutritive food and age specific nutritive intake for both preventive and promotive aspect of health.

A total of 202 SHGs were formed in FY 12-13, 146 group and their bank accounts opened in regular bank.

Paralegal training of 8 SS-SK and 21 participants were undertaken by DLSA

147 health camps covered 40938 beneficiaries to avail specialized camps for Eye checkup, Dental hygiene, Family planning, HIV detection, TB Screening.

USAID- HLPPT provided trainings in health especially, maternal health to grass root workers.

1315 beneficiaries were enrolled in NFE, 1221 in Adult education, 1285 in remedial education.

903 beneficiaries were mainstreamed in formal schools.

1231 beneficiaries had given NLMA-NIOS basic literacy exam in March 13.

Under Awaz Uthao program- 28 women collectives, 7 women collectives were formed. 14 safety audit and 17 safety walks were organized. Over 111 females were trained for self defense. 8 public meeting on various women issues were organized under which various stakeholders of the community such as MLA, Police, local leaders, Lawyers/Judges, NGOs etc were involved.